



SAHARA INSIGHT

ABOUT OUR AGENCY

Funded by the Illinois Department on Aging, Sahara Home Care a.k.a. Sahara Asian Elderly Care is an in-home care service provider for elderly and disabled persons. Initially, our organization was formed to provide valuable services to the growing South Asian and Middle Eastern elderly population of Chicago land. However, our clientele has expanded into seniors of various ethnic and cultural backgrounds. Our research shows many of these individuals that desperately seek assistance with personal care and everyday errands often go overlooked and are left unserved. Being so accustomed to their cultural settings, they also want to remain in a familiar surrounding at home. With the ethnic and immigrant population growing and high-priced senior nursing facilities as the only other alternative, their options become very limited. In-home care is a feasible solution to meet our targeted population's growing needs.




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“
Every act of care is a step
toward brighter tomorrows,
where healing begins within
the comfort of home.
”

A large, semi-transparent pink awareness ribbon is centered in the background of the page. The ribbon is a classic looped shape, with the top loop and the two tails extending downwards.

Got your pink shades ready? No, it's not a Barbie convention – we're just turning October into a pink wonderland to tackle something way more serious: Breast Cancer Awareness!

MEET OUR LEADERSHIP



ARMAGHAN RANA

PRESIDENT

Under his guidance, Sahara Homecare has flourished, becoming a trusted name in the industry. With a passion for excellence and a commitment to delivering unparalleled services, Mr. Rana's leadership inspires our team to strive for continuous innovation and the highest standards of care. His unwavering dedication to client satisfaction and his strategic vision continue to propel Sahara Homecare to new heights, making it a preferred choice for individuals seeking quality homecare services.



ALIYA RANA

CHIEF OPERATIONS OFFICER

She is not only a seasoned professional but also a compassionate housewife. Her exceptional leadership skills and nurturing nature bring a unique perspective to Sahara Homecare. With her unwavering dedication, Ms. Rana ensures that our operations run seamlessly, delivering top-quality care to our clients.



SAMINA SAEED

PROGRAM DIRECTOR

She serves as the backbone of our esteemed community care program. With unwavering commitment and a tireless work ethic, she goes above and beyond to ensure the seamless operation of our programs, regardless of working hours. As both a dedicated professional and a working woman, Ms. Saeed's passion and dedication shine through in her efforts to provide exceptional care and support to our community of Elders.



NAZIMA MAJED

PROGRAM COORDINATOR

She brings unmatched enthusiasm and unwavering dedication to her role. With a strong work ethic and a commitment to giving her all, she ensures that every aspect of our programs receives her utmost attention. Known for her vibrant spirit, Ms. Majed embraces the joy of celebrating even the smallest victories, fostering a positive and uplifting atmosphere within our team.



Remember, each day is a chance to write a new chapter of success and growth in your career story



MEET OUR NEW STAFF (JUL – SEP 2023)



Nayer Rana
Billing Coordinator
Skokie



Ban Ahmed Hasan
Receptionist
Rockford
Reading and
paintin



Liana Campos
CCP Supervisor
Justice
Embracing snowboarding,
running, and
outdoor adventures



Ariana Olmos
Receptionist
Justice
I like books and
Piano.



Anushka Raval
CCP Supervisor
Lombard
I like Hiking,
Dancing and can write
Poetries too.



Mirza Anas Baig
EVV Coordinator
Lombard
I Like Pedals, Trails,
and Endless Roads



Jasmeen Alicea
CCP Supervisor
Melrose Park
I love delving into
numerology
theology and philosophy,



Embrace every opportunity as a steppingstone on your journey to professional greatness. Your story starts here!



MEET OUR NEW STAFF (JUL – SEP 2023)



Mariela Pantoja
Receptionist
Bolingbrook

I love going to different trails to walk



Aqsa Mussarat
CCP Supervisor
Skokie



Farwa Qamar
CCP Supervisor
Skokie

I like Tennis, volunteering, study circles, community giving, adaptable



Sarai Arzuaga
CCP Supervisor
Melrose Park

I love to spend time With my children's.



Sahar Barwaree
Outreach Coordinator
Rockford

I love reading



Sama Baig
CCP Supervisor
Hanover Park
Reading, walking and Family time



Celebrating a Dozen Thriving Branches – Rockford

With great pride, Sahara Homecare embarks on a new chapter of growth and service excellence as we expand to twelve locations, including our latest addition in Rockford. This expansion not only reflects our commitment to providing exceptional care across diverse communities but also signifies our unwavering dedication to enhancing lives. Each location represents a milestone achieved through the collective efforts of our dedicated team, working together to make a meaningful impact.

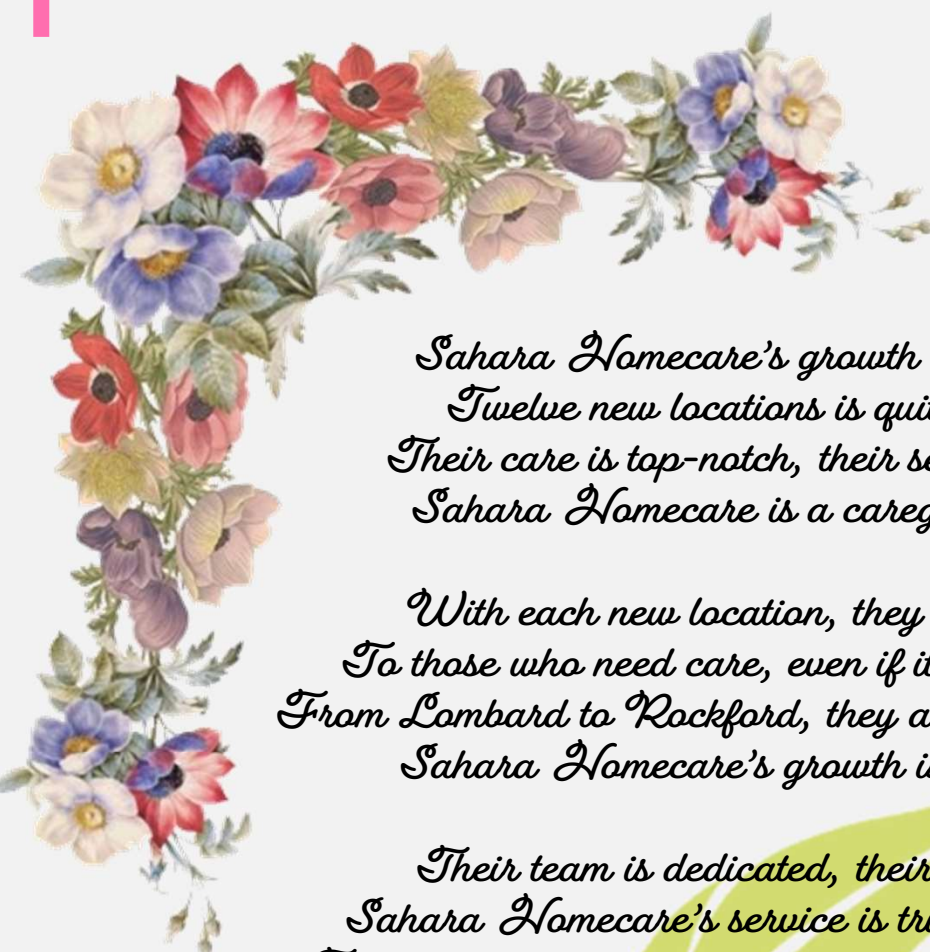
As a tribute to this momentous journey, Samina Saeed, Program Director with her poetic words, encapsulates the essence of our expansion (Next Page)

“

From the heart of our journey to the horizon of twelve, each location a step closer to making a difference

”

A Poetic Tribute by Our Program Director



*Sahara Homecare's growth is on the rise,
Twelve new locations is quite the prize,
Their care is top-notch, their service supreme,
Sahara Homecare is a caregiver's dream.*

*With each new location, they bring a smile,
To those who need care, even if its just for a while,
From Lombard to Rockford, they are making their mark,
Sahara Homecare's growth is truly a spark*

*Their team is dedicated, their staff is kind,
Sahara Homecare's service is truly one of a kind,
They go above and beyond, they always give their best,
Sahara Homecare is a cut above the rest.*

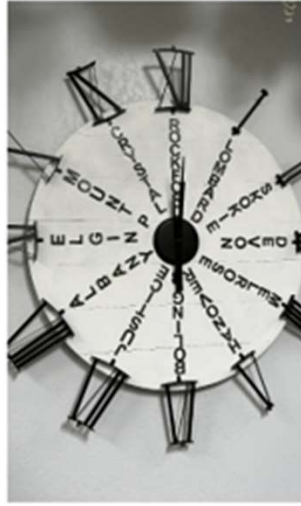
*Their care is personalized, tailored to each need,
Sahara Homecare's service is truly a deed,
They're there for their clients, through thick and thin,
Sahara Homecare is caregivers' win.*

*Congratulations on the expansion,
Sahara Homecare, you're a true sensation!
Your growth is inspiring, your service is true,
Sahara Homecare, we are proud of you!*

- Samina Saeed



Highlights from the Rockford Inauguration Event



PROMOTIONS (JUL – SEP 2023)



Shaista Sajjad

Branch: Rockford

Promoted From Supervisor In-charge (Elgin) to Office Manager



Joselyn Alvarez Jimenez

Branch: Elgin

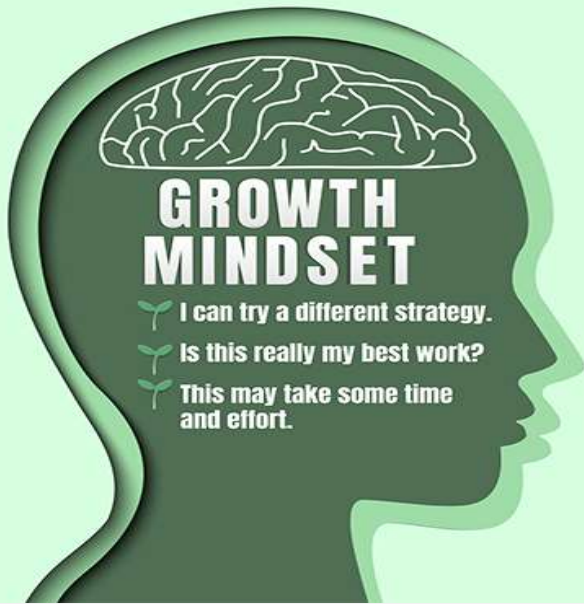
Promoted From Supervisor to Supervisor In-charge



Meriem Sahihi

Branch: Albany Park

Promoted From Office Support to Supervisor



ARTICLE OF THE QUARTER

As we journey through life, it is important to cultivate a growth mindset. What exactly is a growth mindset, you ask?

A growth mindset is a positive attitude towards learning and development, believing that your abilities can be improved through hard work and perseverance. It is the opposite of a fixed mindset, which believes that one's intelligence and talents are fixed and cannot be changed.



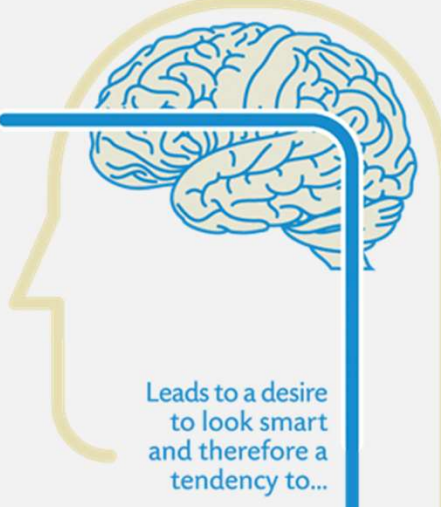
Embrace the power of a growth mindset, where challenges are opportunities, failures are lessons, and effort is the path to mastery



**Unlock Your Full Potential:
The Top 10 Reasons to Embrace a Growth Mindset**

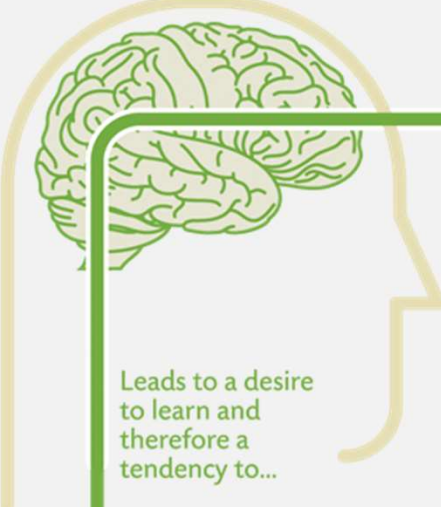


Fixed Mind-set
Intelligence is static



Leads to a desire to look smart and therefore a tendency to...

Growth Mind-set
Intelligence can be developed



Leads to a desire to learn and therefore a tendency to...

CHALLENGES

...avoid challenges



...embrace challenges



OBSTACLES

...give up easily



...persist in the face of setbacks



EFFORT

...see effort as fruitless or worse



...see effort as the path to mastery



CRITICISM

...ignore useful negative feedback



...learn from criticism



SUCCESS OF OTHERS

...feel threatened by the success of others



...find lessons and inspiration in the success of others



As a result, they may plateau early and achieve less than their full potential.

All this confirms a **deterministic view of the world.**

As a result, they reach ever-higher levels of achievement.

All this gives them a **greater sense of free will.**

ARTICLE OF THE QUARTER

Cultivating a growth mindset offers numerous benefits that contribute to both personal and professional success. Here are the top 10 reasons why embracing a growth mindset is essential:

- 1. Embracing Challenges:** A growth mindset encourages us to view challenges as opportunities for growth. It fosters a willingness to step out of our comfort zones and try new things.
- 2. Resilience and Perseverance:** With a growth mindset, setbacks are seen as valuable learning experiences. This mindset promotes bouncing back from failures, ultimately leading to greater resilience and perseverance.
- 3. Enhanced Creativity:** The quest for continual learning and improvement that a growth mindset promotes fuels creativity. It inspires us to think outside the box and explore new solutions to problems.
- 4. Love for Learning:** A growth mindset transforms learning into an exciting journey rather than a task. It drives a genuine curiosity and eagerness to acquire new knowledge and skills.
- 5. Boosted Self-Confidence:** Believing that abilities can be developed through effort enhances self-confidence. This self-assurance translates to a willingness to take on challenges.
- 6. Adaptability:** In a rapidly changing world, adaptability is crucial. A growth mindset equips us with the flexibility to embrace change and thrive in unpredictable environments.
- 7. Stronger Relationships:** Embracing a growth mindset makes us receptive to feedback and open to learning from others. This trait improves communication and fosters positive relationships.



Unlock Your Full Potential:
The Top 10 Reasons to Embrace a Growth Mindset



ARTICLE OF THE QUARTER

8. Achievement: The willingness to invest effort and persevere, even in the face of challenges, leads to greater achievements personally and professionally.

9. Motivation: A growth mindset keeps us motivated even when encountering setbacks. We see obstacles as chances to learn and grow, driving our motivation to succeed.

10. Fulfillment: Overall, cultivating a growth mindset leads to a more fulfilling life. It encourages us to embrace new experiences, overcome challenges, and pursue our goals with vigor.

Challenge yourself to set and achieve goals while maintaining an open attitude toward growth. Ultimately, a growth mindset paves the way for success, enriches relationships, and brings greater fulfillment to life.

CONCLUSION:

By embracing challenges, fueling resilience, enhancing creativity, fostering a love for learning, building self-confidence, promoting adaptability, strengthening relationships, achieving greater success, staying motivated, and leading a more fulfilling life, you can reach your full potential and live the life you truly desire.



Unlock Your Full Potential:
The Top 10 Reasons to Embrace a Growth Mindset



"Riddle Me This: A Puzzle Page to Challenge Your Mind!"



You walk into a room that contains a match, a kerosene lamp, a candle, and a fireplace. What would you light first?

Send your answers at
hr@saharahomecare.com

EMPLOYEE TESTIMONIALS

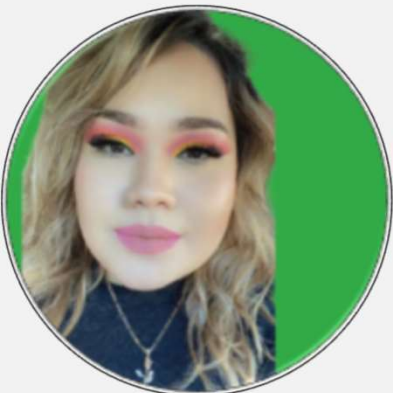


Zion Massey
CCP Supervisor
Elgin

“

Working at Sahara has been a wonderful and learning experience. When I hear that my clients are satisfied with the services provided to them, that is when I know that the goal of providing quality home care services is fulfilled and that is when I know that I have contributed to the community. The bosses and the upper management are awesome and are very helpful in the time of need which makes this job a wonderful experience as a whole

”



Yoena Torres
Billing Coordinator
Skokie

“

I joined this awesome company in 2019. This is no longer just my place of employment. Sahara has become my second home and a true family. I have learned so much since I started here. I understand how blessed I am to be able to wake up every morning and come to a job I enjoy. I look forward to my future here at Sahara. I am forever grateful for Mr. Armaghan. He is a true inspiration and a reminder that humanity still exists

”

EMPLOYEE

SPOTLIGHT

"From Sandwiches to Care: A Journey of Purpose"

**Buckle up, because my journey has been a roller coaster ride!
Picture this: I started at Subway, and in just two weeks, I became the Sandwich Queen – yup, Team Lead.**

Pregnancy threw me a curveball – exhaustion and cravings galore. But then came the boss's "Pregnant or not, work needs to be done!" Really? Goodbye Subway, hello new adventures.

Next, a mix of different jobs, including roles at companies like Motorola and RR Donnelley, and cosmetology school led me to my own beauty salon. Family and friends flocked for services, but vanished at the bill – poof, like magic

Then, Sahara Home Care entered the scene. Introduced by my friend Sajida, I missed an interview (oops!) but snagged a second chance. Talk about clarity – I knew I was where I belonged.

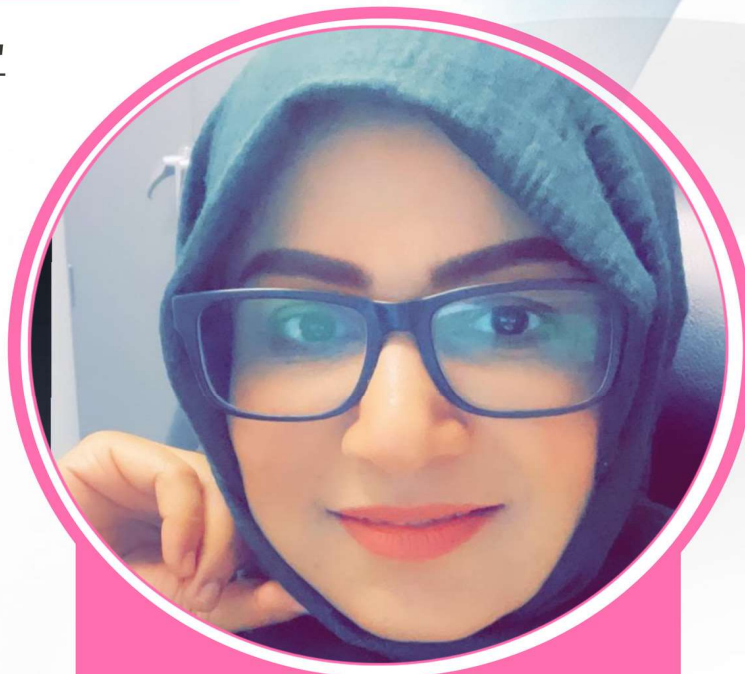
The pull? A Halal KFC on the horizon. Husband doubted I'd last with a 35-minute long drive. But KFC and I had plans!

Starting as a CCP Supervisor, I embraced challenges and climbed up – Manager, more and now Program Director. Obstacles fueled my dedication to make lives better.

Let me share a quick story. Once, my manager reminded me to double-check client addresses before home visits. Guess what? I forgot. I ended up at the wrong address, waiting fruitlessly. A call to my manager led to her less-than-pleased response, leaving me a bit teary-eyed. Back at the office, feeling low, Mr. Armaghan (our president) was present. I braced for the worst – my last day perhaps? But he surprised me with half a sandwich and words that changed it all: "It's part of the job. Don't worry." His kindness touched me deeply. Over 12 years later, I'm here, more committed than ever

Reflecting on 12 years, Sahara Home Care's opportunities shaped me. Not all laughs, but purpose and positive impact.

Thank you to all – colleagues, mentors, and those I've been with.



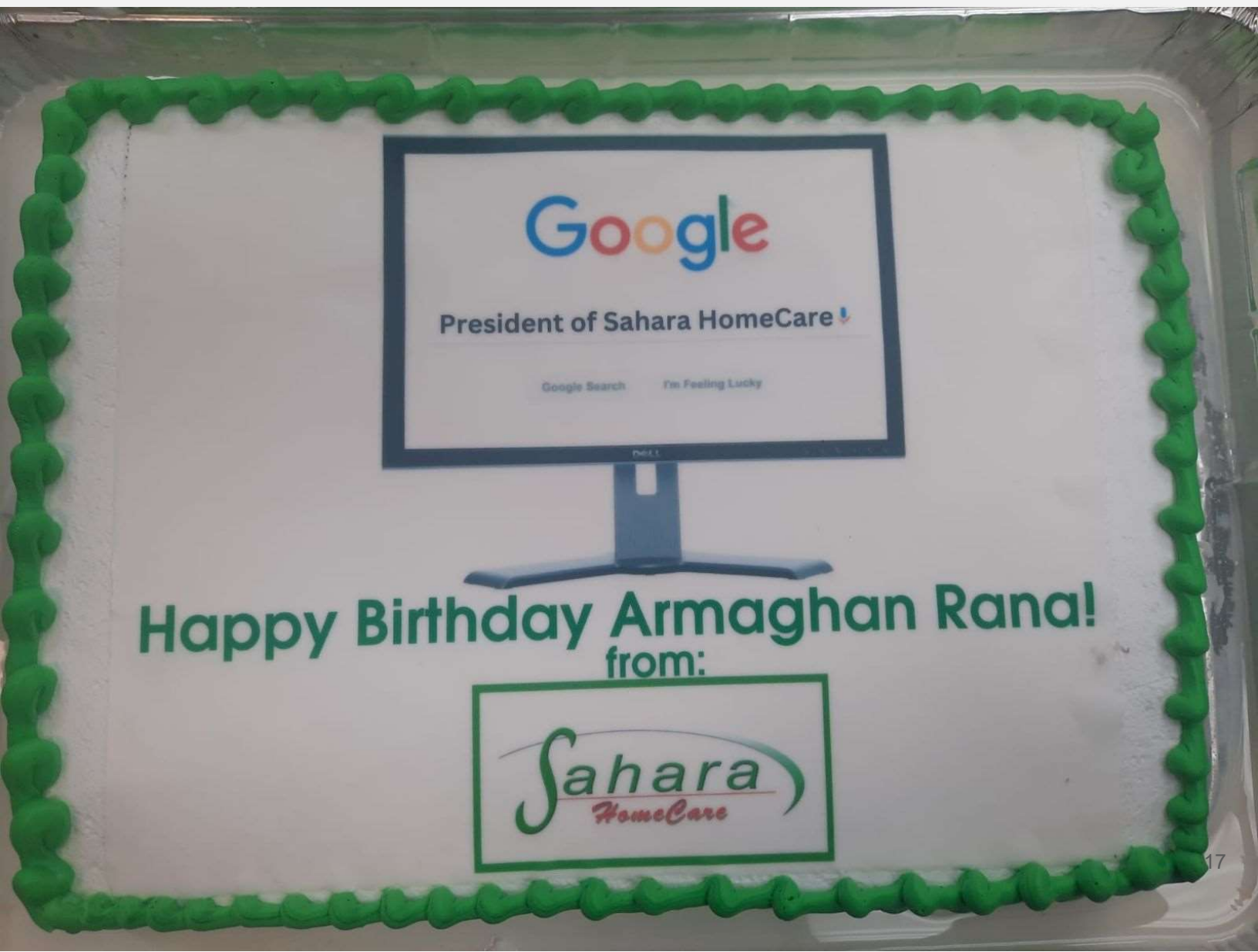
SAMINA SAEED
PROGRAM DIRECTOR

Celebrating Mr. Armaghan Rana's Special Day



Our Skokie branch came together to celebrate a very special occasion - the birthday of our esteemed leader, Mr. Armaghan Rana! It was a day filled with warmth, laughter, and heartfelt wishes as we gathered to honor the man who guides and inspires us every day. Mr. Rana's dedication, wisdom, and leadership have been the driving force behind organization's success, and it was a pleasure to express our gratitude and best wishes on his special day. As we move forward, let us continue to be inspired by his vision and commitment to excellence.

Happy Birthday, Mr. Rana!
May this year be filled with even greater achievements and happiness.



Lombard's Pink Out: Supporting Breast Cancer Awareness

“

Giving up is not an option

”



MAKE A PLEDGE TAKE OUT FIVE MINUTES FOR YOURSELF

Breast Cancer is the most common cancer in women, worldwide. You can detect breast cancer in time and start appropriate treatment.

- Women under the age of 40 should carry out monthly self-examination.
- Women over the age of 40 should get yearly mammography



BREAST CANCER

AWARENESS MONTH



Empowering Lives, One Step at a Time

Sahara Home Care Stands for Breast Cancer Awareness

HCA Appreciation Lunch at Albany Park

“ Appreciation is the spark that ignites dedication ”

Our Albany Park Branch recently hosted an appreciation lunch to honor our outstanding Home Care Aides. It was a heartwarming gathering where we celebrated and thanked these dedicated individuals for their exceptional service and commitment to our clients. Their hard work and compassion truly make a difference in the lives of those we serve. We extend our sincere gratitude to our Home Care Aides for their unwavering dedication and outstanding performance.





THANK YOU!

**DEPARTMENT
OF
HUMAN RESOURCES**

Your thoughts and questions matter!

Feel free to share your input with us at:

hr@saharahomecare.com